a bow with one end extended in line with the draw of the bow, an arm pivotally mounted in the extended end of the bracket, a ring positioned perpendicularly to the bow rotatably mounted on said arm, means for mounting the bracket on a bow with the ring positioned whereby an arrow in the shooting position on one side of the bow extends through the ring, and means to rotate the ring to swing to a position disengaging the ring from the arrow.

Claim 2. (Original) An arrow rest of claim 1 wherein the ring is made of a resillent, high friction material.

Claim 3. (Original) An arrow rest of claim 2 wherein the ring is of a generally elliptical shape and positioned at an approximately 45 degree angle when the bow is in the non-drawn position.

Claim 4. (Currently amended) An arrowrest comprising a bracket with one end adapted to be attached to the bow, and the other end extending out in line with the draw of the bow, a shaft passing perpendicularly through the opposite end of the bracket, a ring fixedly mounted on an end of the shaft, a resilient means around the shaft urging the shaft and ring to such a position that the ring is parallel to the bow, a resilient resistant means for urging the ring to a position whereby an arrow is securely held by the ring when the bow is drawn to a shooting position.

Claim 5. (Original) An arrow rest of claim 4 wherein the ring is made of a resilient, high friction material.

Claim 6. (Original) An arrow rest of claim 5 wherein the ring is of a generally elliptical shape and positioned at an approximately 45 degree angle when the bow is in the non-drawn position.

Claims 7 - 11. (Cancelled)

Claim 12. (New) An arrow rest comprising means for supporting an arrow in a

drawn position relative to said bow member, said arrow rest including a generally circular shaped ring pivotally mounted on a bracket, means to rotate the ring to engage the arrow with the ring when the bow is drawn, and means to rotate the ring to a position which disengages from the arrow.

Claim 13. (New) An arrow rest of claim 12 wherein the circular shaped ring further comprises a front and rear surface, said front surface having a notch or resting point for the arrow at the top of the circular shaped ring and said rear surface having a notch or resting point for the arrow at the bottom of the circular shaped ring.

Claim 14. (New) An arrow rest comprising means for supporting an arrow in a drawn position relative to said bow member, said arrow rest including a generally elliptical shaped ring pivotally mounted on a bracket at an approximately 45 degree angle relative to the plane of the arrow, means to rotate the ring to engage the arrow with the ring when the bow is drawn, and means to rotate the ring to a position which disengages from the arrow.

Claim 15. (New) An arrow rest of claim 14 wherein the elliptical shaped ring further comprises a front and rear surface, said front surface having a notch or resting point for the arrow at the top of the elliptical shaped ring and said rear surface having a notch or resting point for the arrow at the bottom of the elliptical shaped ring.